

# September 2023

## EUREKA SENIOR CENTER

THE MENU MAY CHANGE DUE TO THE AVAILABILITY OF PRODUCTS.

Monday – Friday, the Salad or Soup Bar is out at 11:30. We serve Lunch from 12:00-12:30 pm.

We provide an assortment of beverages.

**HOMEBOUND CLIENTS:** For any meal cancellations or additions, please call **before 7:30 AM** When it's breakfast & **9:30 am** when it's lunch. 237-5597

If you do not call, there will be no changes to the delivery list. **Thank You**

MON.	TUES.	WED.	THURS.	FRI.
				1. <b>Breakfast @ 9 AM</b> Eggs Benedict Sliced Ham Hashbrowns Fruited Yogurt V8
4. <b>Closed</b> 	5. Salmon Rice Pilaf Key Largo Veggies Cherry Crisp	6. Roast Beef Red Potatoes & Gravy Mixed Veggies Mandarin Oranges Bread Stick	7. Chicken Enchiladas Mexicorn Refried Beans Mixed Fruit Cookies	8. <b>Breakfast @ 9 AM</b> Bacon Eggs Oven Potatoes Fruited Yogurt OJ
11. Pork Chops Cole Slaw Sweet Potato Casserole Roll Mixed Fruit	12. Chicken Teriyaki Fried Rice Egg Rolls Fresh Orange	13. Corn Beef & Cabbage Potatoes & Green Beans Fruit in Jell-O Roll	14. French Dip Mac & Cheese Brussel Sprouts Pineapple	15. <b>Breakfast @ 9 AM</b> Chicken Fried Steak w/ Gravy Eggs Fruited Yogurt V8
18. Mexican Meatballs Spanish Rice Refried Beans Tortilla Fresh Peach	19. <b>Night Dinner @ 4:30</b> Steaks Tortellini Pasta Salad Mixed Veggies Watermelon Garlic Bread Cake & Ice Cream	20. Baked Cod Corn Baked Potatoes Mixed Fruit	21. Turkey Potatoes & Gravy Asparagus Fruit in Jell-O Roll	22. <b>Breakfast @ 9 AM</b> Ham & Egg Breakfast Sandwiches Hashbrowns Fruited Yogurt OJ
25. Beef Taco Salad w/ Lettuce, Tomato, Cheese Kidney Beans Chips & Salsa Pineapple	26. Chicken Tenders French Fry's Green Beans Plums	27. BBQ Beef Sandwich Tarot Tots Key Largo Veggies Coleslaw Mandarin Oranges	28. <b>Breakfast @ 9 AM</b> Biscuits & Gravy Sausage links Eggs Fruited Yogurt V8	29. <b>Lunch @ 12:00 PM</b> Pork Roast Potatoes & Gravy Pea's & Carrots Fruit in Jell-O

