

SEPTEMBER 2023

FANNIE KOMP SENIOR CENTER

THE MENU MAY CHANGE DUE TO THE AVAILABILITY OF PRODUCTS.

Monday – Friday, we serve lunch from 12:00 to 12:30 PM. We provide an assortment of beverages.

HOMEBOUND CLIENTS: Any meal cancellations or additions,

Please call before 7:30 AM when it is Breakfast & 9:30 AM when its Lunch 775-468-0466

If you do not call before this time, there will be no changes to the delivery list. Thank You.

MON.	TUES.	WED.	THURS.	FRI.
				1. CRAFT DAY PANCAKES SCRAMBLED EGGS W/ SPINACH LOW SODIUM V-8 CANTALOUPE #186
4. CLOSED FOR LABOR DAY	5. FOOD BANK SEAFOOD CHOWDER EGG SALAD ON W/W BREAD RASPBERRIES W/ YOGURT #12	6. TERIYAKI CHICKEN FRIED RICE LAYERED SALAD FRESH ORANGES W/W BREADSTICKS #95	7. ELKO TRIP Night Dinner SERVED AT 4:30 PM BBQ PORK RIBS BAKED BEANS CORN ON THE COB WATERMELON ICE CREAM	8. GOLDEN GROCERIES SCRAMBLED EGGS WITH PEPPERS & ONIONS HASH BROWN L/S BACON ORANGE JUICE MIXED BERRY CUPS
11. SPLIT PEA SOUP TURKEY ON W/W BREAD CUCUMBERS IN SOUR CREAM FRESH ORANGES #100	12. BEEF TACO FLOUR TORTILLA REFRIED BEANS SPANISH RICE FRUIT SALAD MILK	13. CHICKEN CACCIATORE ACORN SQUASH MIXED GREENS PEANUT BUTTER COOKIES #66	14. CHILI DOGS ON W/W BUN CRINKLE CUT FRIES BRUSSEL SPROUTS MIXED FRUIT CUP 3 BEAN SALAD	15. BISCUITS & GRAVY SCRAMBLED EGGS W/SPINACH HASH BROWNS YOGURT W/ FRUIT ORANGE JUICE
18. L/S TOMATO SOUP GRILLED CHEESE ON W/W BREAD 3 BEAN SALAD PEACHES #30	19. BAKED FISH RICE PILAF STEAMED BROCCOLI COLE SLAW FRESH ORANGE W/W DINNER ROLL	20. MEATBALL SUB ON W/W BUN CALIFORNIA BLEND VEG 3 BEAN SALAD PEARS	21. FOOD BANK SWEET & SOUR CHICKEN BROWN RICE FRESH CHOPPED SPINACH PEAS & CARROTS #11	22. FRENCH TOAST L/S SAUSAGE LINK YOGURT W/ BLUE BERRIES MILK
25. OPEN FACE HOT TURKEY SANDWICH POTATOES W/ GRAVY CORN APPLESAUCE	26. ROAST PORK HONEY DIJON VEG POTATO SALAD BEANS WITH BACON SPRING SALAD FRUIT CUP #149	27. FRENCH DIP ON W/W BUN POTATO FRIES MIXED VEG JELLO W/ FRUIT MILK	28. BEEF STIR FRY BROWN RICE BEET SALAD MANDARIN ORANGES W/W ROLL #23	29. CHICKEN FRIED STEAK SCRAMBLED EGGS WITH PEPPERS AND ONION L/S V8 FRESH FRUIT