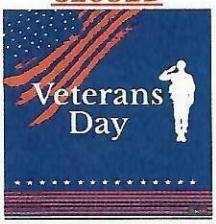
NOVEMBER 2025
EUREKA SENIOR CENTER

THE MENU MAY CHANGE DUE TO THE AVAILABILITY OF PRODUCTS.
Monday – Thursday, soup is served at 11:30. We serve lunch from 12:00 -12:30 pm.
Friday Breakfast is served at 9:00
We provide 100 % fruit juices and milk daily.
Home-bound Clients: For meal cancellations or additions, please call before 7:00 when it's breakfast and 9:30 for lunch. 237-5597

MON.	TUES.	WED.	THURS.	FRI.
3. Chicken Strips French Fries Cheesy Broccoli & Cauliflower Mixed Fruit	4. Roast Beef Potatoes & Gravy Brussel Sprouts Mandarin Oranges Brownie	5. Beef Stew Peaches Rolls	6. Chicken Pasta Primavera Corn Fruit in Jell-O	7. Breakfast 9:00 Ham, Egg, & Bacon Breakfast Casserole Fruited Yogurt V-8
10. Sloppy Joe Pea's & Carrots Baked Beans Spiced Applesauce	11. CLOSED 	12. Broccoli Cheddar Soup Tuna Salad Sandwich Tropical Fruit Pumpkin Coffee Cake	13. Baked Chicken Scalloped Potatoes Green Beans Fruit in Jell-O	14. Breakfast 9:00 Chicken Fried Steak & Gravy Hashbrowns Fried Eggs Fruit Cup OJ
17. Salmon with Angel Hair Pasta Asparagus Mixed Fruit Tapioca Pudding	18. Thanksgiving Lunch Turkey Potatoes & Gravy Stuffing Corn Fruit Salad Pumkin Pie	19. Beef Fajitas Refried Beans Spanish Rice Baked Apples	20. Sweet n Sour Chicken Stir Fry Fried Rice Egg Roll Peaches	21. Breakfast 9:00 Pancakes Sausage Links Eggs Fruited Yogurt V8
24. Crack Chicken Soup Cheese Quesadilla Pineapple	25. Baked Meat Loaf Mashed Potatoes & Gravy Green Beans Tropical Fruit Cookies	26. Breakfast 9:00 Hamburger Onion Gravy over Toast Potatoes O'Brien Eggs Fruit Cup OJ	27. CLOSED 	28. CLOSED

November 2025
EUREKA SENIOR CENTER
CALENDAR

SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
						1. Peter Damele Bob Shaw
2. David Angrove	3.	4. Bingo 1:00 to 2:30 Benny Moore	5.	6. Raines Market 9:00 AM Mike Tye	7. Breakfast 9:00 AM Food Bank 1:00-2:00 Todd Hubbard	8.
9.	10.	11. CLOSED James Evans	12. Bill Hicks	13. Raines Market 9:00 AM Golden Groceries 1:00-2:00	14. Breakfast 9:00 AM	15.
16. Sharon Bardin Virginia Delbuono Millie Oram Jack Whelchel	17.	18. Thanksgiving Lunch NO BINGO	19. Food Bank 1:30-2:30 Roger Neilson	20. Raines Market 9:00 AM Mary McMaster	21. Breakfast 9:00 AM	22.
23.	24.	25. NO BINGO Karen Fitzwater Kathleen Leavitt	26. Breakfast 9:00 AM	27. CLOSED	28. CLOSED	29.
30. Jeanette Cobb						

To everyone celebrating a birthday this month, "Happy Birthday"!
The Elko trip is Tuesday, November 4th @ 7:00 AM, Weather Permitting!
We look forward to seeing you there.

FREE
MEDICARE COUNSELING

DON'T MISS THIS OPPORTUNITY TO LEARN ABOUT THE RECENT CHANGES IN MEDICARE PART D.

GET CONNECTED TO FREE MEDICARE COUNSELING, LOCAL RESOURCE INFORMATION. & APPLICATION ASSISTANCE

No appointment needed, walk-ins welcome!

For more information call 775-753-4085

Our certified volunteers are unbiased, knowledgeable and available:

Location: Eureka Senior Center

Address: 728 7th street

Date: November 19th, 2025

Time: 11:00am - 2:00pm

MAP your way through Medicare!

Nevada Medicare Assistance Program

NEVADA CARE CONNECTION Resource Center

access to HEALTHCARE NETWORK

SHIP State Health Insurance Assistance Program

SMP Senior Medicare Patrol

Don't miss your Medicare Enrollments this year!

(*Initial Enrollment periods begin as early as 3 months prior to 65th birthday)

Part D Open Enrollment begins Oct 15th ends Dec 7th

Bring your Medicare card & prescriptions to compare plans

Certified Medicare Counselors help with:

Cost saving application assistance

Part D Comparisons & Enrollment

Medicare/ Medicaid Questions?

How to protect yourself from Medicare fraud

NVCC Navigators help Nevadans access resource options and referrals such as:

- Medicaid
- Veterans benefits
- Food Assistance
- Housing
- Transportation
- Caregiving & respite

HHS Grant or Cooperative Agreement is NOT funded with other non-governmental sources: "This [project/publication/program/website, etc.] [is/was] supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling $1,129,264.00 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the U.S. Government.

CENTRAL NEVADA HEALTH DISTRICT NURSE VISIT

Eureka Senior Center

20 West Gold Street

THURSDAY NOVEMBER 13, 2025
11:30 AM TO 1:00 PM

SERVICES INCLUDE:

BLOOD PRESSURE

NURSE EDUCATION

IMMUNIZATIONS:

- FLU
- PNEUMONIA
- SHINGLES
- TDAP
- MMR

November 2025

FANNIE KOMP SENIOR CENTER

THE MENU MAY CHANGE DUE TO THE AVAILABILITY OF PRODUCTS.

Monday – Thursday, we serve lunch from 12:00 to 12:30 PM.

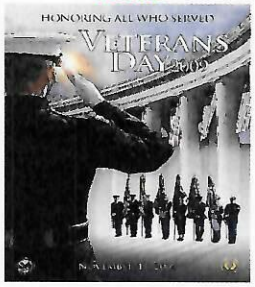
Friday, we serve breakfast @ 9:00 am.

We provide milk, 100% fruit juice and iced tea daily.

HOMEBOUND CLIENTS: Any meal cancellations or additions,

Please call before 7:30 AM when it is Breakfast & 9:30 AM when its Lunch 775-468-0466

If you do not call before this time, there will be no changes to the delivery list. Thank You.

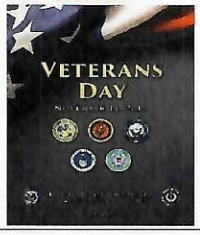
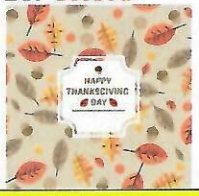
MON.	TUES.	WED.	THURS.	FRI.
3. Salsbury steak Mashed potato w/ gravy Steamed asparagus w/w dinner roll 3 bean salad Mixed fruit	4. Chicken parmesan Tossed salad s/f Italian dressing pineapple chunks 1% milk with vitamins A&d Greèn beans # 184	5. Beef vegetable soup With kidney beans w/w dinner roll Celery w/ peanut butter Fresh banana Cranberry juice	6. Cream of potato soup Baked cod Cajun style Mixed vegetables Creamed corn muffin Fruit cocktail in juice 1% milk with vitamins A&D #181	7. French toast Scrambled eggs w/ onion and peppers l/l bacon fresh orange l/s v-8
10. Sea food salad on a bed of lettuce With tomato slices Pickled beets w/w crackers pears	closed 11. 	12. Cabbage rolls Steamed brown rice mixed veg w/w dinner roll peaches apple juice	13. Hot turkey sandwich on w/w bread Peas and carrots Tomatoes vinaigrette Oatmeal raisin cookie Orange #167	14. Spanish omelet Orange sections English muffin Whole wheat Toasted Smart balance unsalted 1% milk with vitamins A&D #187
17. Tortilla crusted tilapia Rice pilaf Steamed broccoli w/w roll fresh pear apple juice 3 bean salad	18. Lasagna Chopped spinach Lfls Italian dressing Garlic bread Fresh orange #46	19. Beef Chimichanga Spanish rice Whole Pinto Beans Fresh salsa Tropical fruit milk	20. Roast turkey w/ gravy Stuffing w/ celery & onion Sweet potato casserole w/w dinner roll deviled eggs pumpkin pie fresh apple	21. Eggs Hashbrown Bagel w/w Cream cheese f/f Jelly / strawberry banana 100% vegetable juice low sodium 1% milk with vitamins A&D #193
24. Baked chicken au gratin potatoes seasoned green beans w/w dinner roll 3 bean salad Fresh orange	25. Fried rice with almonds Mimi chicken egg roll Orange spinach salad Cranberry apple dessert 1% milk with vitamins A&D #172	breakfast 26. Fruity breakfast parfait Plain omelet Bacon Hash brown 100% orange juice 1% milk with vitamins A&d # 200	closed 27. 	closed 28.

Have a Happy and Safe Holiday From The Staff at the Fannie Komp Senior Center

November 2025

FANNIE KOMP CENTER
CALENDAR

Happy birthday to our seniors in brown

SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
						1. LARRY HARDIN
2. DENNIS HOPKINS	3. VICKIE ETCHINCK	4.	5. NANCY PLUMMER JOHN SHELLY	6.	7.	8.
9.	10. Food Bank DEBBIE STONE	11. Closed 	12.	13.	14 Golden Grocery RICHARD DANN	15.
16.	17.	18.	19.	20. Food Bank	21.	22.
23. BILLY JOE SHIVERS	24.	25. THERESE BENNETT	26.	27. Closed	28. Closed 	29.
30.		**This is next month's December shopping and medical trips are on 4th and 9th** **December medical trip is on the 16th** **The cost is $ 5.00 to ride round trip.**				

For the medical trip call for available seating. Please make appointments between 10 am and 2 pm

Bus leaves @ 8:00 am for The Elko trips Weather Permitting!

If you have a doctor's appointment on the days we set up.
Please call Sandy Vink 48 Hrs. in advance
@ 775-468-0466
Battle mountain, Carlin and Elko

November 2025

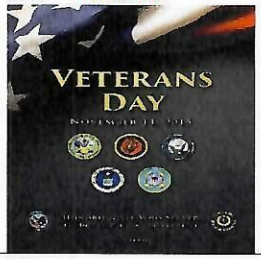
FANNIE KOMP SENIOR CENTER

Medical trip calendar

One direction per medical trip day

Check for available seating

For the medical trip call for available seating. Please make appointments between 10 am and 2 pm

MON.	TUES.	WED.	THURS.	FRI.
3.	4.	5.	6. Men's Elko trip Medical trip Leaves center @ 8:00 am	7.
10.	11. closed 	12.	13. Women's Elko trip Medical trip Leaves center @ 8:00 am	14.
17.	18. Medical trip Call center for departure time Appointment Between 10 am and 2 pm	19.	20.	21.
24.	25.	26.	27. closed	28. closed

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Battle mountain, Elko and carlin

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For more information call 775-753-4085

Our certified specialists are unbiased, knowledgeable and available:

Location: Crescent Valley Senior Center

Address: 728 7th street

Date: November 20th, 2025

Time: 10:00am - 1:00pm

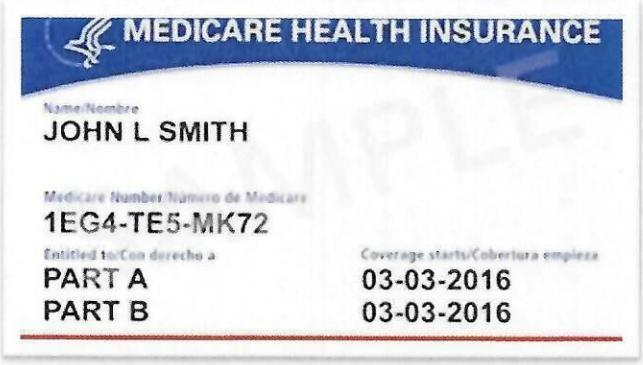
Certified Medicare Counselors help with:

Cost saving application assistance

Part D Comparisons & Enrollment

Medicare/ Medicaid Questions?

How to protect yourself from Medicare fraud



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(*Initial Enrollment periods begin as early as 3 months prior to 65th birthday)

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