

# OCTOBER 2023




## EUREKA SENIOR CENTER

THE MENU MAY CHANGE DUE TO THE AVAILABILITY OF PRODUCTS.

Monday – Friday, the Salad or Soup Bar is out at 11:30. We serve Lunch from 12:00-12:30 pm.  
We provide an assortment of beverages.

**HOMEBOUND CLIENTS:** For any meal cancellations or additions, please call before **7:30 AM** when it's breakfast & **9:30 am** when it's lunch. 237-5597

If you do not call, there will be no changes to the delivery list. Thank You

MON.	TUES.	WED.	THURS.	FRI.
2. Tavern Fish Rice Pilaf Mixed Veggies Mixed Fruit WW Roll	3. Herb Chicken Baked Potato Green Beans Pears	4. Sloppy Joe WW Bun Pea's & Carrots Tater Tots Peaches	5. Beef & Gravy over Noodles Key Largo Veggies WW Rolls Fruit in Jell-O	6. <b>Breakfast @ 9</b> Corn Beef & Hash Eggs Fruited Yogurt OJ
9. Cheeseburger Corn Oven Fries Fruit Cocktail	10. Salisbury Steak Potatoes & Gravy Pea's & Carrots Applesauce	11. Pizza Green Salad Fruit in Jell-O	12. Ham Mac & Cheese Brussel Sprouts Bread Mandarin Oranges	13. <b>Breakfast @ 9</b> French Toast Scrambles Eggs Sausage Links Fruited Yogurt V8
16. Chicken Patty Sandwich Potato Wedges Green Beans Mandarin Oranges	17. <b>Night Dinner @ 4:30</b> Steaks Asparagus Baked Potato Bread Sticks Fruit Salad Dessert	18. Pork Roast Potatoes & Gravy Cornbread Broccoli Cantaloupe	19. Stuffed Pepper Mixed Beans Garlic Bread Fruit in Jell-O	20. <b>Breakfast @ 9</b> Eggs, Ham, Onions & Potatoes Burrito Fruited Yogurt OJ
23. Chili Cheese Baked Potato Steamed Carrots Pears	24. Meat Loaf Potatoes & Gravy Pea's Mixed Fruit Garlic Bread	25. Fish Tacos Frijoles Charros Corn Honeydew Melon	26. Roast Beef Potatoes & Gravy Key Largo Veggies Mandarin Oranges	27. <b>Closed for Nevada Day</b> 
30. Chicken Fried Steak Potatoes & Gravy Cauliflower & Broccoli Mixed Fruit Bread Sticks	31. Hot Turkey Sandwich Potatoes & Gravy Pea's & Carrots Fresh Orange			

# OCTOBER 2023

## EUREKA SENIOR CENTER CALENDAR

SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
1.  Deborrah Lea Neilson	2.  Jim Goicoechea	3. Bingo 1:00- 2:30	4.  Lee Raine	5. Raine's Market 9:00 AM  Dennis Gordon	6. Breakfast @ 9 Food Bank 1:00-2:00	7.
8.	9.	10. Bingo 1:00- 2:30 Elko Trip 7:00 AM	11.  Clyde Oram	12. Golden Groceries 1:00- 2:30 Raine's Market 9:00 AM	13. Breakfast @ 9  Tobias Gonzalez- Quezada	14.
15.  Judee Craig	16.	17. Night Dinner @ 4:30 PM Bingo 2:00- 3:30	18. Food Bank 1:00-2:00  Rex Moore	19. Raine's Market 9:00 AM  Gerald Sestanovich	20. Breakfast @ 9	21.  Kealoha Maza
22.	23.  Dean Day Glenn Dempsey	24. Bingo 1:00- 2:30  Roger Spear	25.	26. Raine's Market 9:00 AM	27. Closed Nevada Day	28.  Guadalupe Luna- Gonzalez Reynard Moody
29.	30.	31. HAPPY HALLOWEEN Bingo 1:00- 2:30 Leanna Cantrell				

To everyone celebrating a birthday this month, "Happy Birthday"! The Van will be going to Elko on Tuesday the 10<sup>th</sup>, weather permitting. Breakfast is every Friday at 9 a.m. We look forward to seeing you there!



# OCTOBER 2023

## FANNIE KOMP SENIOR CENTER

THE MENU MAY CHANGE DUE TO THE AVAILABILITY OF PRODUCTS.

Monday – Friday, we serve lunch from 12:00 to 12:30 PM. In addition, we provide an assortment of beverages.

HOMEBOUND CLIENTS: Any meal cancellations or additions,

Would you please call before 7:30 AM when it is Breakfast & 9:30 AM when its Lunch 775-468-0466

If you do not call before this time, there will be no changes to the delivery list. Thank You.

MON.	TUES.	WED.	THURS.	FRI.
2. SPLIT PEA SOUP TURKEY ON W/W BREAD CUCUMBER IN SOUR CREAM FRESH ORANGE #100	3. FRIED BREAD TACO REFRIED BEANS SPANISH RICE GREEN SALAD TAPIOCA PUDDING FRESH APPLE	4. BAKED CHICKEN MASHED POTATOES GREEN BEAN CASSEROLE PEACH COBBLER FRESH ORANGE W/W ROLL	5. POTATO CORN CHOWDER GRILLED CHEESE ORANGE SPINACH SALAD TROPICAL FRUIT CUP #71	6. FRENCH TOAST L/S SAUSAGE HASH BROWNS L/S V-8 JUICE MIXED BERRY CUPS
9. <b>FOOD BANK</b> PIZZA SPINACH CELERY W/ PEANUT BUTTER 3 BEAN SALAD FRESH APPLE	10. SWEET & SOUR CHICKEN BROWN RICE FRESH CHOPPED SPINACH PEAS & CARROTS #11	11. STUFFED MANICOTTI WINTER BLEND VEG GARLIC BREAD YOGURT W/ FRUIT	12. <b>Elko trip</b> <b>NIGHT DINNER</b> <b>SERVED @ 4:30 PM</b> CHICKEN FRIED STEAK MASHED POTATO W/ GRAVY CORN ON THE COB GREEN SALAD MIXED FRUIT APPLE PIE	13. <i>Golden Groceries</i> FRUITY BREAKFAST PARFAIT PLAIN OMELET L/S BACON HASH BROWN ORANGE JUICE #200
16. SWEDISH MEATBALLS OVER NOODLES WINTER BLEND VEG W/W ROLL SPICED APPLESAUCE	17. CHICKEN ENCHILADA REFRIED BEANS SPANISH RICE JELLO W/ FRUIT GREEN SALAD	18. LEMON BAKED FISH SEASONED ZUCCHINI GARDEN SALAD W/W ROLL CANTALOUPE CHUNKS #26	19. <b>FOOD BANK</b> HOT TURKEY ON W/W BREAD MASHED POTATOES CORN 3 BEAN SALAD FRESH FRUIT	20. <b>GOLDEN GROCERY</b> PANCAKES SCRAMBLED EGGS W/ SPINACH L/S V-8 JUICE CANTALOUPE #186
23. CHICKEN TAQUITOS SPANISH RICE WHOLE PINTO BEANS YOGURT W/ FRUIT	24. <b>ELKO TRIP</b> LASAGNA STEAMED SPINACH GARLIC BREAD FRESH ORANGE #4	25. BBQ CHICKEN ACORN SQUASH CUCUMBER IN SOUR CREAM BISCUIT /HONEY CHANTILLY FRUIT CUP #72	26. BISCUITS AND GRAVY SCRAMBLED EGG WITH PEPPERS & ONIONS YOGURT W/ FRUIT MILK FRESH APPLE	27. <b>CLOSED</b> <b>NEVADA DAY</b>
30. APRICOT CHICKEN BROWN RICE ASPARAGUS GREEN SALAD FRUIT SALAD MILK	31. SPAGHETTI BAKE STEAMED SPINACH W/W BREADSTICKS GREEN SALAD CHOCOLATE PUDDING	 <p>Happy Halloween</p>		



# October

Food bank October 9<sup>th</sup> & 19<sup>th</sup> 10 am to 1130 am  
 Golden grocery October 13<sup>th</sup> 10 am to 1130 am  
 Elko trip mens October 10 th bus leaves @ 8 am  
 Womens October 12<sup>th</sup> bus leaves @ 8 am  
 Night dinner October 12<sup>th</sup> served @ 4:30 pm

2023

Happy birthday to our seniors in orange and our staff in purple

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 CANDICE WALLACE	2 SCOTT CALHOUN DEBRA MASON	3	4 KIT BENADOM FLOYD HERRING Staff birthday SHELLIE YOUNG	5 DEBRA ARNEY	6	7
8 Food bank NANCY LOUDEN	9 Men's Elko Trip	10	11 WILLIAM CASSELS LARRY CONTORNO NANCY SILBER	12 Women's Elko Trip Night dinner served @ 4:30 pm	13 Golden grocery	14
15	16	17	18 Food bank	19 ROBERT FLANDERS	20	21
22	23 CARL JAMES WALLACE	24	25 RICHARD MASON	26 PATTY LEPPALA	27 Closed	28 JOHN HUDDLESTON
29 CHRISTINA BINGHAM	30	31 Happy Halloween 				

**EFFECTIVE OCTOBER 1,2023**

**NON-Senior meal charge will be  
\$7.00**

**Please feel free to ask Linda if  
you have any questions**

**Thank You  
Linda**