

MAY 2024

EUREKA SENIOR CENTER

THE MENU MAY CHANGE DUE TO THE AVAILABILITY OF PRODUCTS.

Monday – Friday, we serve lunch from 12:00 -12:30 pm







We provide 100% fruit juice and milk daily.

Home-bound Clients: For meal cancellations or additions, please call before 7:30 when it's breakfast and 9:30 for lunch. 237-5597

MON.	TUES.	WED.	THURS.	FRI.
	<p>All canned fruit is in light syrup.</p>	<p>1. Roast Beef Red Potatoes Mixed Veggies Green Salad Mandarin Oranges Gingerbread #104</p>	<p>2. Sloppy Joe Pea's & Carrots Chopped Spinach Apple Crisp #70</p>	<p>3. Breakfast 9:00 Scrambled Eggs W/Onions LS Sausage Patties Hashbrowns Fruited Parfait OJ</p>
<p>6. Shepherd's Pie Fresh Spinach Apricot Muffin Banana #29</p>	<p>7. Pork Roast Baked Beans Mixed Fruit WW Roll</p>	<p>8. Breaded Chicken on WW Bun Macaroni Salad 3 Bean Salad Fruit in Jell-O Apple</p>	<p>9. Salmon Coleslaw French Fries Green Salad Strawberries #6</p>	<p>10. Mother's Day Breakfast Breakfast 9:00 Stuffed French Toast LS Bacon Eggs w/ Mushrooms Fruited Parfait V-8</p>
<p>13. Baked Pork Chops Squash Layered Salad Baked Banana WW Bread #20</p>	<p>14. Carne Asada Spanish Rice Refried Beans Chips & Salsa</p>	<p>15. Turkey Chili Corn Bread Green Salad Ambrosia #13</p>	<p>16. Pizza on WW Crust Pineapple Cottage Cheese Beets</p>	<p>17. Breakfast 9:00 Pancakes Eggs w/ Bell Peppers Bacon Fruited Parfait OJ</p>
<p>20. Meat Loaf Potatoes & Gravy Spinach Fruit Cup WW Roll #3</p>	<p>21. Roast Turkey Potatoes & Gravy Corn 3 Bean Salad Peaches</p>	<p>22. Chicken Strips Tater Tots Pea's Fruit in Jell-O Fresh Orange</p>	<p>23. Spaghetti Zucchini Green Salad Mandarin Oranges WW Bread #39</p>	<p>24. Breakfast 9:00 Eggs, LS Ham, Bell Peppers & Potato Burrito Fruited Parfait V-8</p>
<p>27. Closed MEMORIAL DAY</p> 	<p>28. Beef Tacos Chunky Salsa Guacamole Broccoli & Cauliflower Refried Beans Fresh Apricot #96</p>	<p>29. Chicken Alfredo W/ Pea's Brussels Sprouts Fruit Mix WW Bread</p>	<p>30. Baked Cod Broccoli Stuffed Potato Green Salad Fresh Orange WW Roll #10</p>	<p>31. Breakfast 9:00 Biscuit & Gravy w/ LS Ground Sausage Eggs w/ Onions Fruited Parfait OJ</p>

May, 2024

EUREKA SENIOR CENTER CALENDAR

SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
			1. Sam Sara	2. Raines Market 9:00 AM Larry McLucas Kathy Corbett	3. Breakfast 9:00 AM Food Bank 1:00-2:00	4. Art Miles
5. Kay McQuin	6.	7. ELKO TRIP 7:00 AM Bingo 1:00 to 2:30 Genny Brown	8. Johnny Minoletti	9. Raines Market 9:00 AM Golden Groceries 1:00-2:00 Susan Gallagher Ted Beutel	10. Mother's Day Brunch 9:00 AM  Shane Moyle Linda Dempsey	11. Roe Carter
12.  Fred Bailey	13. Marianna Kennison	14. Bingo 1:00 to 2:30	15. Food Bank 1:30- 2:30	16. Raines Market 9:00 AM	17. Breakfast 9:00 AM Sharon Auch	18. Sharlene Smith Gary Link
19. Howard Hill Sr.	20.	21. Bingo 1:00 to 2:30 Arlene Damele	22. Kathrine Milles Eddie Groth	23. Raines Market 9:00 AM Lloyd Morrison Sandy Halpin	24. Breakfast 9:00 AM Laurel Marshall	25.
26.	27. Closed  James Gallagher Paula Oliver Ken Sanders	28. Bingo 1:00 to 2:30 Vivian Bradley	29.	30. Raines Market 9:00 AM	31. Breakfast 9:00 AM	

To everyone celebrating a birthday this month, "Happy Birthday"!
The Elko trip is Tuesday, May 7th, @ 7:00, Weather Permitting!
Breakfast is every Friday at 9:00 am. We look forward to seeing you there.

MAY 2024

FANNIE KOMP SENIOR CENTER

THE MENU MAY CHANGE DUE TO THE AVAILABILITY OF PRODUCTS.

Monday – Thursday, we serve lunch from 12:00 to 12:30 PM.

Friday, we serve breakfast @ 9:00 am.

We provide milk, 100% fruit juice and ice tea daily.

HOMEBOUND CLIENTS: Any meal cancellations or additions,

Please call before 7:30 AM when it is Breakfast & 9:30 AM when its Lunch 775-468-0466

If you do not call before this time, there will be no changes to the delivery list. Thank You.

MON.	TUES.	WED.	THURS.	FRI.
	<p>L/S MEANS LOW SODIUM</p>	<p>1. Pork Egg roll in a bowl with brown rice Wonton soup Green salad with tomatoes and cucumber Fruit salad</p>	<p>2. French dip Biscuit Baked beans Tater tots Green salad with cucumber & tomato Yogurt w/fruit</p>	<p>3. Scrambled eggs French toast l/s bacon milk l/s v-8 #190</p>
<p>6. FOOD BANK Chicken club sandwich On whole wheat bun sliced tomato Potato salad 3 bean salad blue berry muffin vanilla yogurt</p>	<p>7. Breaded pork chop Au gratin potato Seasoned green beans Whole wheat roll Cucumber tomato salad Pineapple upside down cake Fresh orange</p>	<p>8. Stuffed Peppers Spinach Spaghetti Mixed Greens Garlic Bread Nectarine Milk #61</p>	<p>9. Minestrone Soup Tuna Salad w/w Pita Milk #8</p>	<p>10. Golden Grocery Mother's Day brunch served @ 10 am Waffle bar Fresh assortment of berries l/s ham & Spinach quiche orange juice</p>
<p>13. Sloppy joe on whole wheat bun Baked beans Baby carrots Fruit cocktail Milk #34</p>	<p>14. Baked chicken tenders French baked potato Mixed green salad Honey dressing Carrot raisin salad Cracked Wheat bread Baked Banana Milk #123</p>	<p>15. Pepperoni Pizza Steamed Spinach 3 Bean Salad Apple Slices w/ Peanut Butter</p>	<p>16. FOOD BANK Egg salad sandwich on whole wheat bread Pork and beans green salad with tomatoes & cucumber fresh banana</p>	<p>17. Cheese Omelet Onions & peppers Biscuits & Gravy Yogurt w/ Fruit Apple milk</p>
<p>20. Pulled pork Sandwich on W/W bun Potato Salad Green Salad Fresh Apple Milk</p>	<p>21. Roast turkey Mashed potatoes With gravy California blend veg Whole wheat roll Green salad Fruit cocktail</p>	<p>22. Minestrone Soup Grilled Cheese On w/w Bread Sliced Tomatoes Fresh Fruit Chopped Spinach #36</p>	<p>23. Chicken fajita with peppers and onion On Flour tortilla Refried Beans Spanish Rice Mixed Fruit Milk</p>	<p>24. Pancakes Scrambled Eggs W/ Spinach L/S V-8 #186</p>
<p>27. CLOSED</p> 	<p>28. Grilled chicken bratwurst on whole wheat bun German potato salad Spiced apple sauce Fresh orange Milk # 49</p>	<p>29. Baked fish fillet Creamy coleslaw French baked potato Garden salad Balsamic vinaigrette Strawberries Milk #6</p>	<p>30. Roast beef, Scalloped potatoes Brussels sprouts Whole wheat roll Green salad Jell-O with fruit</p>	<p>31. Scrambled Eggs onions L/S sausage Hash Brown Whole wheat toast Apple juice Fresh apple</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				WOMEN'S ELKO TRIP		
				BERNARD ADDENBROOKE		
	1	2	3	4	5	6
	FOOD BANK	MEN'S ELKO TRIP WILLIAM DRENON DONNA VALDEZ			GOLDEN GROCERY	GOLDEN OLDIES BINGO
7	8	9	10	11	12	13
			FOOD BANK			
14	15	16	17	18	19	20
	ROBERT MONTGOMERY					
21	22	23	24	25	26	27
	CLOSED					
		NANCY FOSTER	PATRICIA FLANIGAN	MARVIN FAIRBANKS ROGER HEASLEY JR.		
28	29	30				

APRIL

2024

FANNIE KOMP SENIOR CENTER
 HAPPY BIRTHDAY TO OUR SENIORS IN BLUE
 IF YOU HAVE ANY QUESTIONS ABOUT THESE
 EVENTS, PLEASE CALL SANDY VINK
 @775-468-0466

NOTES:

FOOD BANK MAY 6TH & 16TH @ 10 AM TO 11:30 AM

GOLDEN GROCERY MAY 10TH @ 10 AM TO 11:30 AM

ELKO TRIPS BUS LEAVES @ 8AM

MEN'S TRIP MAY 7TH

WOMEN'S TRIP MAY 2ND

GOLDEN OLDIE BINGO MAY 11TH @ 2PM